

BCC: WMF President, Secretary General and DMV Anti-Doping Officer

Dear all,

I as a WMF Anti-Doping Officer would like to inform you on behalf of WMF about the new change which has happened in the past few weeks. Beta Blockers as a group of substances prohibited within other sport disciplines with similar physical and psychological demands like minigolf (e. g. archery, golf, darts, billiard or shooting) are now officially prohibited In-Competition also for minigolf.

What does it mean exactly? It means that you as a representative of a National Federation have 2 months time (this WADA decision is coming into force on 1st January 2023) to inform your member federations/clubs about this change and help them in case they need any assistance during the process of applying for Therapeutic Use Exemption.

What exactly are Beta Blockers? The full list of substances can be found in WADA's Prohibited List (see the link below). Just to give you a small overview: Beta Blockers are commonly used to treat hypertension (high blood pressure), angina pectoris, heart failure or arrhythmia but also glaucoma.

Further information about this topic can be found under this link:

<https://www.wada-ama.org/en/resources/world-anti-doping-program/2023-prohibited-list#resource-download> (Prohibited List for download)

Please make sure that the players check their medication for the presence of any of those substances and that they do apply for TUE in case there exist no other possibility of treating their diseases.

Information about applying for a TUE to WMF and TUEs in general can be found here:

- 1) <http://gov.minigolfsport.com/anti-doping/tues>
- 2) <http://gov.minigolfsport.com/anti-doping/how-to-apply-for-tue>

Do not hesitate to contact me, should you have any questions.

Stay safe and healthy.

Best regards

Karolína Jandová
Chair of Medical & Anti-Doping Committee
Anti-Doping Officer
World Minigolf Sport Federation